



## Extension and Outreach Programs Conducted for

### The Academic Year 2021-22

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# VIGNAN'S INSTITUTE OF MANAGEMENT AND TECHNOLOGY FOR WOMEN

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30-05-2022  
Kondapur.

## Report on awareness Program on "Nutrition and Hydration"

Vignan's Institute of Management and Technology for Women's, NSS unit conducted "an Awareness Program on Nutrition and Hydration" program on 28 May, 2022 in Kondapur village. In this program, around 30 students participated, students have explained the importance of healthy diet, and to avoid the malnutrition and dehydration of people. Students advised people that good hydration and nutrients contained food contributes to physical and mental good health.

They further claimed that Nutrition and hydration are essential for health and quality of life. Food plays a vital role in maintaining hydration by replenishing lost sodium, electrolytes and amino acids, while eating also encourages fluid consumption by triggering thirst. Poor practice in nutrition and hydration care can lead to serious and avoidable harm to society health and wellbeing.



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28-05-2022.  
Kondapur

## Report On Good touch and Bad touch

Vignan's Institute of Management and Technology for Women's, NSS unit conducted a **"Good touch and Bad touch"** on 21-05-2022 from 10 am to 12.00 pm

The program was enthusiastically taken part by both students and participants. Furthermore, the success of the program was aided by the Principal, department HODs, professors, 30 NSS Volunteers, and students. An awareness program on **"Good Touch and Bad Touch"**, the program received a significant response and publicity.



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09-05-2022  
Kondapur.

## Report on "Butter Milk Distribution Program"

To beat the body heat, in this hot summer, NSS Unit organized a buttermilk distribution program at Kondapur area on 07-05-2022. Total 150 buttermilk packets are distributed to the workers, peddlers and auto drivers, who are working even in this hot condition. 30 volunteers are actively participating in this programme.



  
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13<sup>th</sup> May, 2022  
Kondapur.

**Report On  
Blood Donation Camp**

Vignan's Institute of Management and Technology for Women's, NSS unit conducted a "Blood Donation Camp" at college campus, Kondapur Village on 12-05-2022 from 11am to 1.30pm. Mr. Prashanth, PRO the Indian Red Cross Society, also acknowledged the significant blood donation during our blood drive.

Mr. Laxminarayana, Manager Muthoot Finance, was happy with the drive's success. The students and village people actively participated in the program, Principal, Dept HOD's, faculty, NSS Volunteers and students support the program success fully. Our faculty had also explained about the importance of Blood Donation Camp to village people. A great response and publicity followed program with great success.

**Blood donation with the help of Red-cross:**



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Telangana State





02-05-2022  
Kondapur.

## Report on Awareness on "SHE team QR Code"

**SHE team QR Code** is an app developed by Telangana Government towards the safety of Women. Being a Womens' college there is a need of awareness on this kind of safety related Apps. Hence, awareness program is conducted on 30.04.2022 in campus. In this program, Mahila Police. K.Rajya Lami explained the self defense techniques to the girl students. And encouraged all the girl students to download the **SHE team QR Code** app for their security and safety.



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## Report on "SOCIAL GIVING"

12-04-2022  
Kondapur.

For the better nutrition and proper food supply to the AIDS effected people, Vignan's Institute of Management and Technology for Women, Kondapur(V),Ghatkesar(M), Medchal (D) conducted distribution of Food donation and groceries distribution programme at Ghatkesar on 9<sup>th</sup> April 22.

Around 30 students involed in this program and 25 AIDS effected people utilized this program.



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31-31-2022  
Kondapur.

## Report on "BE MARVELOUS" a medicine and fruit donation

On March 29<sup>th</sup>, Vignan's Institute of Management and Technology for Women, Kondapur (V), provided fruits and medications for a donation programme at the Elders Welfare Association in Rampally, Ghatkesar. The fruits and medicines are donated to the management of an old age home. Senior residents of the retirement home were delighted to see so many students when approximately fifty of them paid them a visit.

Around 50 students visited the old age home and elderly once felt happy with students gathering.



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10-03-2022  
Kondapur.

## Report on "Food Donation to the poor and needy people"

The NSS unit of Vignan's Institute of Management and Technology for Women, Kondapur(V), held "Food Donation to the poor and needy people" on 7<sup>th</sup> March 2022. Most of the people are waiting outside the hospital to the discharge of their relatives undergoing treatment at the hospitals in Ghatkesar. Totally, 25 number of students have distributed the food and water bottles to the poor and needy people at Ghatkesar.



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*Wadhwa*  
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06.02.2022 Kondapur

Report On Swachh Bharat

Vignan's Institute of Management and Technology for Women's, NSS unit conducted a "Swachh Bharat" in Edulabad Village 05.02.2022 from 10 am 12:30 pm. The Program was successfully organized with the help of Jeevanadi Foundation. The chief guest of the program is Mrs. Laxmi Durga President of Jeevanadi foundation. who came expressed appreciation and joy for the productive programmed session and the passionate support of the VMTW Principal, the residents, and the students.

Villagers and students participated in the program with enthusiasm, and the principal, department HODs, professors, NSS Volunteers, and students all contributed to its success. Our faculty also emphasized the need to keep the village clean from plastic, as well as the effects of drainage and other factors. With remarkable success, the program received a significant response and publicity.

Swachh Bharat Mission poster in Telugu with an image of people cleaning a street. The poster title is 'వరిసరాబాదు కుట్రం చేస్తున్న విజ్ఞాన్ మహిళా కళాశాల ఎన్ఎస్ఎస్ విద్యార్థినులు'.

Programme Officer NSS UNIT, VMTW



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12-01-2022  
Kondapur.

## Report on "Importance of Girl Child Education"

Awareness programme on "Importance of Girl Child Education" is held on 10<sup>th</sup> January 2022 at Aushapur village, ZPHS scheduled, to create awareness on girl child education in society. In this program, 10 NSS volunteers have explained an educated girl can educate their entire family. For the improvement of Indian society and for working better.



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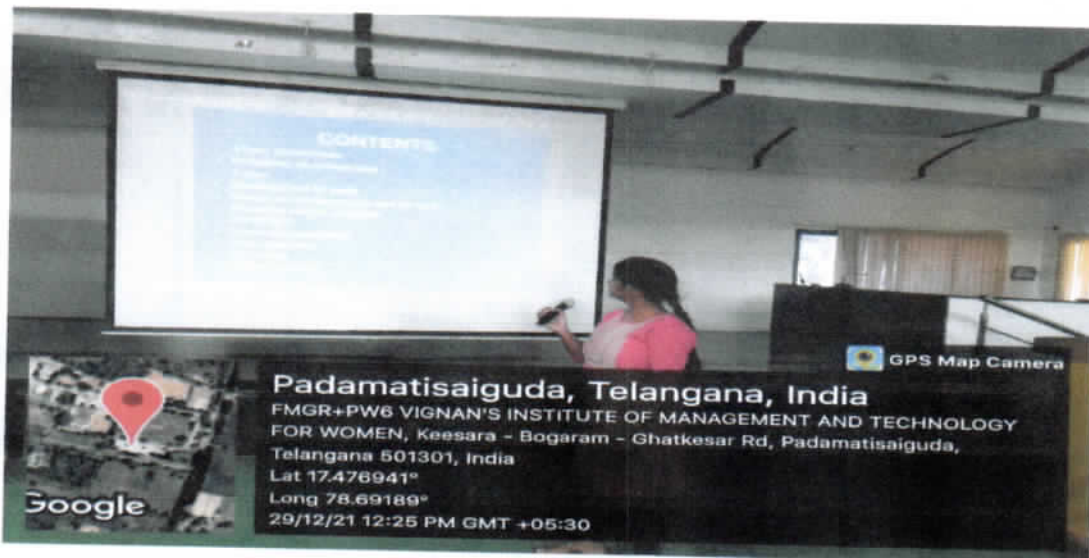


## Report on "Cyber Crime"

Kondapur  
31-12-2021

On 29<sup>th</sup> December 2021 an awareness program on "Cyber Crime", is organized by the NSS unit of Vignan's Institute of Engineering for Women, Kondapur. Mr. M. Mahender Reddy, Circle Inspector, Ghatkesar, is invited as the Chief guests for the program. Totally, 74 students have participated in the program. He clearly explained about various cybercrimes generally happening these days and how to avoid such crimes. Even if, such crimes are happened to us, he clearly explained whom to approach for the solution and how to solve the problem.

Dr. G. Apparao Naidu, Principal, NSS PO and various departmental HODs and faculty members have accompanied the event



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*Prashanth*  
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08-12-2021  
Kondapur.

## Report on "Awareness Program on "Communication Skills"

In this program, students have explained the importance of communication skills and conducted competition among students through debates. They advised students to communicate in English language this will improve their communication skills. The benefits of having good communication skills are enormous and will have a positive influence on both students personal and professional life.

Around 30 volunteers participated in this program and make the programme successful.



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31-11-2021.  
Kondapur

## REPORT ON Women Empowerment-21

Vignan's Institute of Management and Technology for Women's, NSS unit conducted a "Women Empowerment-21" at surrounding Villages 29-11-2021 from 10 am to 1:00pm.

The program was enthusiastically taken part by students and NSS volunteers. Furthermore, the success of the program was aided by the principal, department HODs, professors, NSS Volunteers, and students. The awareness of taking part of different aspect of life skills. With remarkable success, the program received a significant response and publicity.



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*RASH*  
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10-11-2021  
Kondapur.

## Report on Drawing Competition "Children-Pillars of the Society"

Drawing Competition is held by students of VMTW at Kondapur, ZPH School on 8<sup>th</sup> November 2021. Drawing Competition is good for a child because it is both fun and pushes the child to learn new things. It is no wonder that participating in competitive sports is beneficial. Apart from math and science contests, there are also very popular **art and drawing competitions for kids** which help them to learn and develop overall. Students are motivating young artists and assisting them in developing their creative talents by exposing them to current talent in the area in our students.



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26-10-2021  
Kondapur.

## Report on Awareness Rally on "Fight Polio for a Better Tomorrow"

Vignan's Institute of Management and Technology for Women, Kondapur(V), organized an awareness rally at Kondapur village, on 24 October 2021 on occasion of World Polio Day. Students carried banners and placards to spread awareness about eradication of polio. The rally passed through the locality of Kondapur and near by surrounding villages. All the students ensure to create awareness that not a single child below the age of five years was left out without having polio immunization.

Some of the students in the rally even explained to the people directly about its consequences on life and the importance of having a polio vaccination during childhood. They have stated how a better tomorrow will be if every child (below 5) is vaccinated and to safe future generation and they got a good response from the locality.

Dr.G.Apparao Naidu, Principal, NSS PO and various departmental HODs and faculty members have accompanied the event. Around 50 volunteers are participated in this program.



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08-09-2021  
Kondapur.

### Report On "Green Ganesha"

On the occasion of Vinayaka Chaturdhi, a workshop on GREEN GANESHA is organized by the NSS unit of Vignan's Institute of Management and Technology for Women on 06.09.2021 at Kondapur(V). In this program, students have learnt how to create plantable Lord Ganesha natural clay idols and distributed them in the college and near by surrounding villages to create awareness in the villages about the eco Ganesha importance.

Dr.G.AppaRao Naidu, Principal, NSS PO and various departmental HODs and faculty members have accompanied the event.



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18-08-2021  
Kondapur

## Report On "Stay Safe-Near Roads"

Vignan's Institute of Management and Technology for Women's, NSS Unit conducted a "Stay Safe-Near Roads" at college campus 17<sup>th</sup> August 2021 at 10 am to 3.30pm. The Program was successfully organized with the help of Principal and

Dr. G. Apparao Naidu, Principal of VMTW, emphasized the need of knowledge on road safety measures when riding a vehicle in order to improve road safety measures. He also highlighted the consequences of reckless driving on several lives. Students participated actively in the program, and its success was assisted by the Principal, department HODs, professors, NSS Volunteers, and students.



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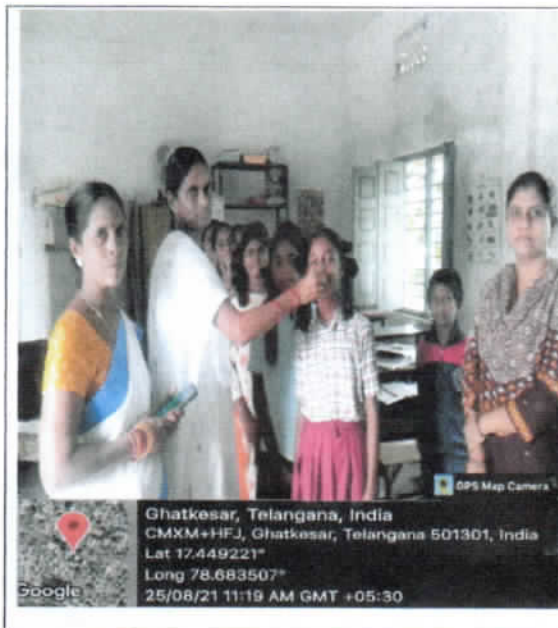


26<sup>th</sup> August, 2021.  
Kondapur

## Report On Health Camp-21

Vignan's Institute of Management and Technology for Women's, NSS unit conducted a "Health Camp-2021" at surrounding Villages on 25<sup>th</sup> August 2021 at 10am to 1.30pm. The Program was successfully organized with the help of Sri vidya Foundation. The chief guest of the program is Dr. Srinivas, Director of Sri Vidya Hospital, of Ghatkesar (M). who came expressed appreciation and joy for the productive programmed session and the passionate support of the VMTW Principal, the residents, and 30 NSS Volunteers.

The program was enthusiastically taken part by both students and villagers. Furthermore, the success of the program was aided by the principal, department HODs, professors, NSS volunteers, and students. And also stressed the importance of knowing causes of health problems and how to avoid them.



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10-06-2021.  
Kondapur

## Report On Anti-ragging-21

Vignan's Institute of Management and Technology for Women's, NSS unit conducted a "Anti-ragging-21" at college campus 5<sup>th</sup> August 2021 at 10 am to 11.30am. The Program was successfully organized with the help of Principal and Professors.

In order to enhance the study atmosphere, Dr. G Apparao Naidu, Principal of VMTW, stressed the need of friendship between senior and freshmen students. He also provided an explanation of the legal conduct and consequences. The program was enthusiastically taken part by students, the success of the program was aided by the principal, department HODs, professors, NSS Volunteers, and students.



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30-07-2021  
Kondapur

## Report On

### Awareness of River Protection -21

Vignan's Institute of Management and Technology for Women's, NSS unit conducted a "Awareness of River Protection -21" at Musi River on 29-07-2021 at 10 am to 12.00pm. The Program was successfully organized with the help of Grama Panchayati, Edulabad village and Mr. Shankar, Sarpanch of Edulabad village. who came expressed appreciation and joy for the productive programmed session and the passionate support of the residents. VMTW Principal and 30 NSS Volunteers.

Mr. Shanker, Sarpanch of Edulabad village, also highlighted the importance of River Cleaning Program. He also instructed them on how to protect rivers from pollution by plastic waste and chemical activity by industrial development. Students and villagers enthusiastically engaged in the program, and the principal, department HODs, professors, NSS Volunteers, and students all provided assistance to completely organize the program's success. The significance of protecting rivers from the plastic and chemical activities of industries and other impacts was also discussed by our faculty. A great response and publicity were happened to the program with great success.



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Telangana State





Date:31-07-2021  
Kondapur

**Report On**

**Telanganaku Haritha Haram-2021**

Vignan's Institute of Management and Technology for Women's, NSS unit conducted a "Telanganaku Haritha Haram-21" in the college campus and surrounding villages on 28<sup>th</sup> July 2021 at 10 am to 12.30pm. The Program was successfully organized with the help of Grama Panchayathi, Ghatkesar village.

Abbasani Yadagiri Yadav, Sarpanch of Ghatkesar village, also highlighted the importance of Telanganaku Haritha Harm. He also instructed them on how to use vegetation to preserve both the local and global ecology. The students and village people actively participated in the program, Principal, Dept. HOD's, faculty, NSS Volunteers, students support to organize the program successfully.A great response and publicity were happened to the program with great success.



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Date:25-06-2021  
Kondapur

**Report On**

**One Life With Yoga**

Vignan's Institute of Management and Technology for Women's, NSS unit conducted a "One Life With Yoga" in the college campus and surrounding government schools on 21-06-2021 at 10.30 am to 1.30pm.

Smt. Narmada Garu, Yoga guru, also highlighted the importance of Yoga. The students and village people actively participated in the program, Principal, Dept. HOD's, faculty, NSS Volunteers, students support to organize the program successfully. Our Students also explained about the importance of **Yoga** to village people. A great response and publicity were happened to the program with great success.



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*Principals*  
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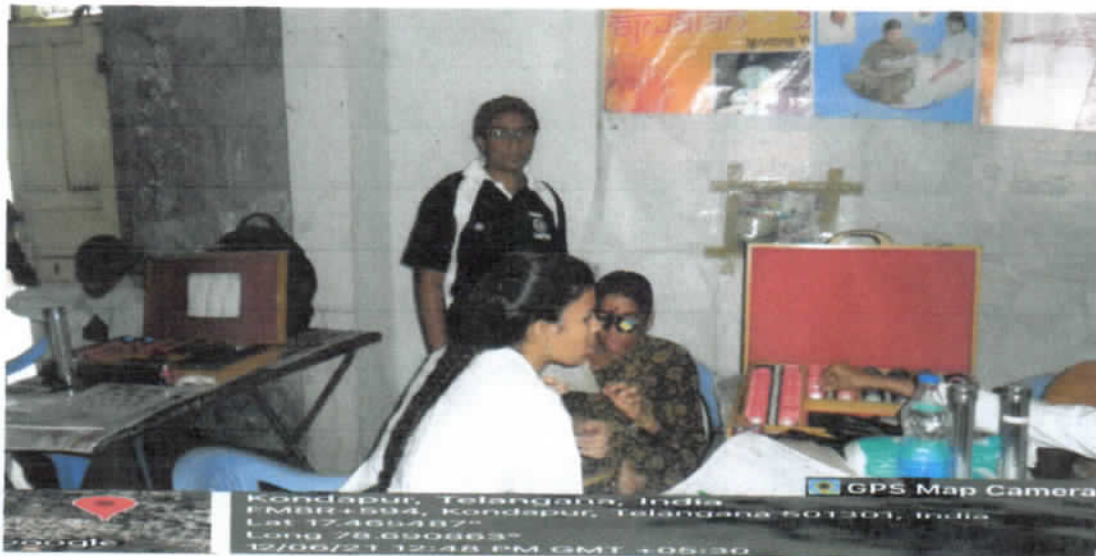
Date:17-06-21  
Kondapur

**Report On**

**Eye Checkup Camp-21**

Vignan's Institute of Management and Technology for Women's, NSS unit conducted a "Eye Checkup Camp-21" in the college campus, Kondapur Village on 12<sup>th</sup> June 2021 at 10 am to 1pm. The Programme was successfully organized with the help of Sri Vidya Hospitals & Foundation. The chief guest of the program Dr. Srinivas, member of Sri Vidya foundation who made the visit expressed gratitude and happiness for the program's excellent operation and the enthusiastic support of VMTW Principal, the locals and students. The pupil was inspired by him to plan such excellent initiatives.

Dr. Srinivas, Doctor of Srividya Hospital, also highlighted the importance of the eye examination. He also taught students how to serve people's by Eye checkup and donation of eyes. The students and village people actively participated in the programme, Principal, Dept HOD's, faculty, 40NSS Volunteers, students support to organize the program successfully. Our faculty had also explained about the importance of "Eye Checkup Camp-21" to village people. A great response and publicity were happened to the program with great success.



Program Officer  
NSS UNIT VMTW



*[Signature]*  
PRINCIPAL  
Vignan's Institute of Management & Technology For Women  
Kondapur (V), Ghatkesar (M), Medchal-Malkajiri (Dt),  
Telangana State



10-06-2021.  
Kondapur

## Report On

### Kill Cancer -21

NSS unit of VMTW conducted a "Kill cancer-21" in college campus on **5<sup>th</sup> June 2021** from 10 am to 1.30 pm. We also invited Kondapur Gurukul college students. The Program was successfully organized with the help of ISKCON Kukatpally. The chief guest of the program is Mrs. Mulli Pavani Jangaiah, Chairperson of Ghatkesar (M), who expressed her appreciation and joy for the productive programmed session and the passionate support of the VMTW Principal, the residents, and the students.

The program was enthusiastically taken part by both college students. Furthermore, the success of the program was aided by the principal, department HODs, professors, NSS Volunteers, and students. The need of taking precautions to prevent cancer from many causes was also stressed by our professors. With remarkable success, the program received a significant response and publicity.



  
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