



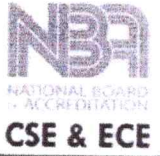
VIGNAN'S INSTITUTE OF MANAGEMENT AND TECHNOLOGY FOR WOMEN

[Sponsored by Lavu Educational Society]

(Approved by AICTE, New Delhi & Affiliated to JNTUH, Hyderabad.)

Kondapur (V), Ghatkesar (M), Medchal - Malkajgiri (D) - 501 301 Phone: +91 96529 10002/3

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Department of Computer Science and Engineering

Date: 09-09-2021

To
The Principal
VMTW
Ghatkesar
Hyderabad

Respected Sir

Sub: Request for approval to conduct Seminar Reg.

The Department of CSE is planning to conduct Seminar on "Physical and Mental Health" for the third year students on 11-09-2021. For providing awareness on the importance of both Physical and Mental Health in their daily busy lives. Here I enclosed the profile of the resource person, Dr. Vidhaya Vardhini, MBBS, M.S. Hence, I request you to give a permission to conduct the Seminar.

Thanking you sir

Yours Sincerely

HOD-CSE

Head of the Department
Computer Science and Engineering
Vignan's Institute of Management & Technology For Women
Kondapur (V), Ghatkesar (M), Medchal-Malkajgiri (Dt)-501301



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Department of Computer Science and Engineering

Dt: 09-09-2021

VMTW/CSE/CIR/2021-22/03

CIRCULAR

This is to inform that Seminar on “Physical and Mental Health” will be scheduled to conduct on 11-09-2021, from 01:00 PM to 3:00 PM in the seminar hall, all the third year students are instructed to participate in this seminar without fail.

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Department of Computer Science and Engineering

Report on "Physical and Mental Health" conducted on 11-09-2021

Name of the Program: Physical and Mental Health

Name of the Resource Person: Dr. Vidya Vardhini, MBBS, MS

Date of the program: 11-09-2021

No of Participants: 163 students

A Seminar on physical and mental health is organized by our college for the third year students. Total 163 students are actively participated. The resource person, Dr. Vidya Vardhini, MBBS, M.S, interacted with students and stated that keeping our minds healthy is an essential for mental health, always people were focus on maintain the physical health and most of the people had fail in considered about their mental state. He started that the level of fitness is greatly influenced by a variety of emotional elements, such as fear, anger, negative thinking, despair, and violence. He suggested that Regular exercise helps maintain a high level of physical fitness. Students enjoyed the session. They are motivated by the resource person.

The session was conducted successfully with the coordination of the faculty members and Physical Director.



A Seminar on "Physical and Mental Health" by Dr. Vidya Vardhini

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Kondapur(V), Hyderabad, Medchal Dist-501301

Latitude : 17. 10564

Longitude: 79. 10845



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Seminar on "Physical and Mental Health" conducted on 11-09-2021

3rd Year CSE Attendance

S.No	Roll No	Name of the Student	Absent/ Present
1	16UPIA05A9	VUPPALA KEERTHI REDDY	P
2	18UPIA0542	RAPOLU CHANDANA	P
3	19UPIA0501	ALLADI ASHWITHA	P
4	19UPIA0502	ALLAKATTU PRANUSHA	P
5	19UPIA0503	AMMULA TEJASWI	P
6	19UPIA0504	BEJAGAM BHAVANA	P
7	19UPIA0505	BHOOPATHI DEEPTHI	A
8	19UPIA0506	BOGU VYSHNAVI	P
9	19UPIA0507	CHAMANTHULA TEJASWINI	P
10	19UPIA0508	CHIKATI LIKHITHA	P
11	19UPIA0509	CHUNCHU VARSHINI YADAV	P
12	19UPIA0510	G.AKANKASHA	P
13	19UPIA0511	GADDAM AKSHITHA	P
14	19UPIA0512	GADDAM JOSHITHA	P
15	19UPIA0513	GARDAS NIKHITHA	P
16	19UPIA0514	GARRE PREETHI	A
17	19UPIA0515	GUDDETI MANOGNYA	P
18	19UPIA0516	KANDUL NETHRA	P
19	19UPIA0517	KANKANALA HARIKA	P
20	19UPIA0518	K. NIHARIKA REDDY	P
21	19UPIA0519	KARANTI CHANDRA LEKHA	P
22	19UPIA0520	K. SHREYA REDDY	P
23	19UPIA0521	KOMATI REDDY SOWJANYA	P
24	19UPIA0522	KOVURI RADHA	P
25	19UPIA0523	KUNTIGORLA TEJASWINI	A
26	19UPIA0524	KYATHAM PRAVALIKA	P
27	19UPIA0525	LIKITHA PAWAR	P
28	19UPIA0526	M GOUTHAMI	P
29	19UPIA0527	MARADUGU POOJITHA	P
30	19UPIA0528	N. MONICA MAHENDRA	P
31	19UPIA0529	MODDASANI SNEHARSHITHA	A
32	19UPIA0530	MYLAPALLY AMULYA	P
33	19UPIA0531	N SONIYA	P
34	19UPIA0532	NAKIREKANTI SATHVIKA	P
35	19UPIA0533	NALLA NITHILA	P
36	19UPIA0534	N. VAISHNAVI	P
37	19UPIA0535	P AKHILA	P
38	19UPIA0536	PEMMASANI SOWMYA	P



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39	19UPIA0537	PADALA PRASANNA LAHARI	P
40	19UPIA0538	PAGADALA GAYATHRI	P
41	19UPIA0539	PATI SRIMUKHI	P
42	19UPIA0540	PITTALA SANJANA	P
43	19UPIA0541	POLA AMBA BHAVANI	P
44	19UPIA0542	MANSI POLAVENI	P
45	19UPIA0543	PUNEM KEERTHI	P
46	19UPIA0544	REBBANA SHIVANI	A
47	19UPIA0545	RUDROJU MEGHANA	P
48	19UPIA0546	S AKSHITHA BHAVANI	P
49	19UPIA0547	S SHRAVANI GOUD	P
50	19UPIA0548	SANDHIREDDY MEGHANA	P
51	19UPIA0549	SHAILAJA ARIGE	P
52	19UPIA0550	VARKALA SAI DEEPTHI	P
53	19UPIA0551	YESHABOINA SHIREESHA	P
54	19UPIA0552	AKSHANTHALA SATHVIKA	P
55	19UPIA0553	ANDEKAR EASHA	P
56	19UPIA0554	ANNALDESI SRAVIKA	P
57	19UPIA0555	AVUTHA KIRANMAI	P
58	19UPIA0556	AYILURI SRAVANI	A
59	19UPIA0557	BATTAR GAYATRI SRAVANI	P
60	19UPIA0558	BEERAVALLI SWAPNA	P
61	19UPIA0559	BETHI KEERTHANA	P
62	19UPIA0560	CHEEKATI.KUSHITHA	P
63	19UPIA0561	CHERUKU MINISHA	P
64	19UPIA0562	DEVANOORI USHASRI	P
65	19UPIA0563	DIDDI VASAVI	P
66	19UPIA0564	DONDA JINGANIYA	P
67	19UPIA0565	DONTHA AKSHAYA	P
68	19UPIA0566	GAJJALA.ANUSHA	P
69	19UPIA0567	GANGA VELAKYA	P
70	19UPIA0568	J.MEGHANA	P
71	19UPIA0569	KANDI SRIHARSHINI	A
72	19UPIA0570	KARLAPATI SREENIJA	P
73	19UPIA0571	KOMMHENI POOJA SRI	P
74	19UPIA0572	K.AKSHITHA REDDY	P
75	19UPIA0573	MADDI SREEJA	P
76	19UPIA0574	MANTHENA GOURI	P
77	19UPIA0575	MEDA KEERTHANA	P
78	19UPIA0576	METTU SANKIRITHANA	P
79	19UPIA0577	MIRAPAKAYALA DIVYA	P
80	19UPIA0578	MOHAMMAD AFSHIN	P



24/11/20

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81	19UPIA0579	M LAXMI PRASANNA	P
82	19UPIA0580	MYAKALA PRANAYATEJA	P
83	19UPIA0581	NADIA NILOUFER	P
84	19UPIA0582	NAGANGAR RASHIKA	P
85	19UPIA0583	NAGILLA SRAVANI	P
86	19UPIA0584	NAMGARI SHIRISHA	P
87	19UPIA0585	NUTHETI ROHINI	P
88	19UPIA0586	PAGIDI PRADEEDTHI	P
89	19UPIA0587	PANCHERUPULA SHIVANI	P
90	19UPIA0588	PENDEM RECHITHA	P
91	19UPIA0589	POONUMALLI HARSHITHA	A
92	19UPIA0590	KALLEM RUTHIKA REDDY	P
93	19UPIA0591	SHIVAREDDY DEEPTHI	P
94	19UPIA0592	SHAIK SABA SULTANA	P
95	19UPIA0593	SAINI SAI PRIYA	P
96	19UPIA0594	SEELAMSETTY ROSHINI	P
97	19UPIA0595	SUHANA	P
98	19UPIA0596	SYED AYESHA	P
99	19UPIA0597	THOPU BHAVYA	P
100	19UPIA0598	VADLAMUDI SAMYUKTHA	A
101	19UPIA0599	VAKITI HRITHIKA	P
102	19UPIA05A0	VEMPATI KAVYA	P
103	19UPIA05A1	YALLAMPALLY NEHA	P
104	19UPIA05A2	YENUGHANTI NIKHITHA	P
105	19UPIA05A3	AVANALA DEEKSHITHA	P
106	19UPIA05A4	BADUGU CHARANI	P
107	19UPIA05A5	BANDA SWETHA	P
108	19UPIA05A6	BODLA SRAVANI	P
109	19UPIA05A7	BOGA VAISNAVI	P
110	19UPIA05A8	BYREDDY YASHASWI	P
111	19UPIA05A9	SHINDE CHANDRIKA	P
112	19UPIA05B0	CHITHAKUNTALA POOJITHA	P
113	19UPIA05B1	DASARAJU SANDHYA	A
114	19UPIA05B2	DENDE AAKANSHA	P
115	19UPIA05B3	D. SAI AISHWARYA	P
116	19UPIA05B4	ENREDDY SAI CHAITHRA	P
117	19UPIA05B5	GYARA CHANDHANA	P
118	19UPIA05B6	GADDAM AKSHITHA	A
119	19UPIA05B7	GANTELA SUPRIYA	P
120	19UPIA05B8	G. MUGDA SHISHIRA	P
121	19UPIA05B9	G. SAI BHAVANA	P
122	19UPIA05C0	G.SHIVANI REDDY	P



244.
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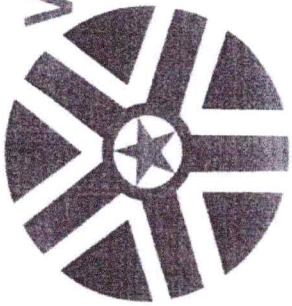


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154	19UP1A05F3	VANAMA SANTHOSHINI	P
155	20UP5A0501	MANDULA VAIBHAVI SHINE	P
156	20UP5A0502	NUKALA ALEKHYA	P
157	20UP5A0503	VEERAMALLA UMADEVI	P
158	20UP5A0504	YALAGANDHULA MOUNIKA	P



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CERTIFICATE OF PARTICIPATION

This is to certify that Ms. *P. Akhila*

Roll No. *19UP1A0535* of VIGNAN'S INSTITUTE OF MANAGEMENT AND TECHNOLOGY FOR WOMEN has attended the Seminar on "Physical and Mental Health" held on 11th September, 2021 organized by the Department of Basic Sciences and Humanities.

R. Babu
Co-Ordinator



Sudh
HOD, BS&H

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